

The Quiet-Time Starter

Revelations Shekinah Glory - a free starter for a steady daily quiet time.

1. Same time, same chair. Anchor it to something you already do.
2. Five minutes counts. Start small enough that you can't fail.
3. Read a little, sit a little, ask for one thing. That's the whole rhythm.
4. Miss a day? Begin again the next - no guilt, just return.

Keep it small, keep it daily, and let it grow on its own.