

Entrusted Legacy

Every child is one caring adult away from a different future.

You already pour into young people — this free gift helps you do it with a little more confidence and a lot more impact. Use one idea this week and watch what changes.

Free Freebies

- Set one clear, kind boundary and hold it — safety lives in structure.
- Plan the win: design small successes a child can actually reach.
- Connect before you correct — relationship is the runway.
- Partner with parents, don't replace them; the team wins.
- Reflect weekly: one child, one breakthrough, one next step.

Trade Tricks

- Show up consistently; presence outlasts any single conversation.
- Let them struggle a little — confidence is earned, not given.
- Tell them what you see in them; words become their inner voice.

CYNDEE'S CURE

When a child shuts down, don't push harder — get quieter. Sit beside them, lower your voice, and wait. Calm is contagious, and a regulated adult is the fastest way to a regulated kid.

BRETT'S BEST

Believe in them out loud and on repeat. Kids rise to the version of themselves they hear you describe. Be the voice in their head that says they can.

Yours, no ask — simply free. Put one to work this week and watch what shifts.